

NORTHCOTE TENNIS
Bali
RETREAT • 2024 • SIN

JOIN US FOR AN UNFORGETTABLE WEEK DESIGNED FOR TENNIS LOVERS
AUGUST 25 - 31, 2024



NORTHCOTE
TENNIS



A RETREAT LIKE NO OTHER!

- **TENNIS • YOGA • RELAXATION • SPA**
- **CUISINE • FUN • ADVENTURE •**

Northcote Tennis is pleased to offer our
Bali Tennis Retreat for 2024!

A tennis and fitness holiday where you will have time to re-boot,
refine and practice your tennis skills along with a side of Yoga,
fitness, swims and plenty of chill time.

All this in a premium tennis facility and luxury resort with a yoga
health hub and spa in Balinese paradise!

Treat yourself!

LIGA TENNIS — SANUR

We are thrilled to be partnering with Liga Tennis in Sanur.

This is where we can train like a pro with their expert coaches!

Offering state-of-the-art facilities with indoor and outdoor tennis courts, pool, sauna, boutique gym, padel courts and more.

This place will impress!

See more at <https://liga.tennis/ltca>



HOTEL KOMUNE — KERAMAS

Set on the lush and unspoilt East Coast of Bali, Hotel Komune Resort and Beach Club is blessed with a hypnotising view of the world famous Keramas surf break.

Providing premium facilities and amazing daily yoga and fitness class schedule for guests to maintain a healthy and active lifestyle while on holiday, this resort is a premier destination for health and wellness. Along with a 25 metre lap pool, restaurants, bars and a day spa...you'll come home feeling fabulous!

See more at <https://www.komuneresorts.com/>



WHAT'S ON OFFER?

This retreat offers the ultimate mix of tennis, relaxation, wellness and fun!

Choose to be more or less active as you please!

Tennis is our main focus and you will be rewarded by developing throughout the week and coming away with improved skills and more confidence on the court. We can help tailor a program to focus on specific key areas of your game.

Serve need help? Volleys a bit off? Can't get topspin?

This is the time to change that!

Daily tennis, skills, drills and matchplay
....with plenty of laughs guaranteed.

TENNIS PERFECTION!

RETREAT INCLUSIONS

- 6 nights accomodation in luxury resort Hotel Komune.
 - Welcome Dinner and cocktail.
- Daily Tennis Lessons, drills and match play at Liga Tennis Sanur — Avg 2hrs+ p/day
 - Daily return shuttle from resort to tennis centre.
 - Daily breakfast at a choice of two resort restaurants.
- Access to Hotel Komune Health Hub, Pool, Spa and Gym.
 - 1 x one hour massage.
 - 4 x Yoga classes (focus on stretching & flexibility)
- 2 x Fitness classes (focus on tennis fitness, agility & strength)
- 1 x Padel Tennis game at Sanur Padel Club with expert Jason!
 - Post Padel Tennis game group dinner in Sanur.
 - Exclusive Bali Tennis Retreat 2024 T'shirt.
- 1 x 30 minute private tennis lesson with Jason pre-retreat.
 - Goodie bag with lots of tennis treats!
 - Farewell Dinner and cocktail.

EXAMPLE DAY ON RETREAT

6:30am — Morning swim or Sunrise Yoga

7:30am — Breakfast

8am — Depart for Liga Tennis in Sanur

12pm — return from Liga Tennis

1pm — Lunch

2pm — Rest and relax (swim, massage, excursion)

4pm — Tennis skills on the lawn, or Yoga or fitness class

6pm — Drinks poolside

7pm — Dinner

*Lunches/Dinners are independent or as a group as you choose at resort restaurants or elsewhere in nearby villages/beaches.

*Individual Participation in Yoga and Fitness sessions are optional.

NOT INCLUDED

- Airfares
- Airport Transfers
- Travel Insurance
- Lunches and Dinners
(welcome and farewell dinner provided)
- Beverages
(welcome and farewell cocktail provided)

OPTIONAL EXTRAS

- Liga Tennis — Technique Video Analysis
 - Extra Massage, Spa treatments
- Surfing Lesson / Stand Up Padel Boarding Lesson
 - Cycling / Hiking / Diving / Snorkelling
 - Balinese Cooking class

...and more c/o the Hotel Kommune Tour Desk!

ACCOMODATION OPTION 1

RESORT ROOM

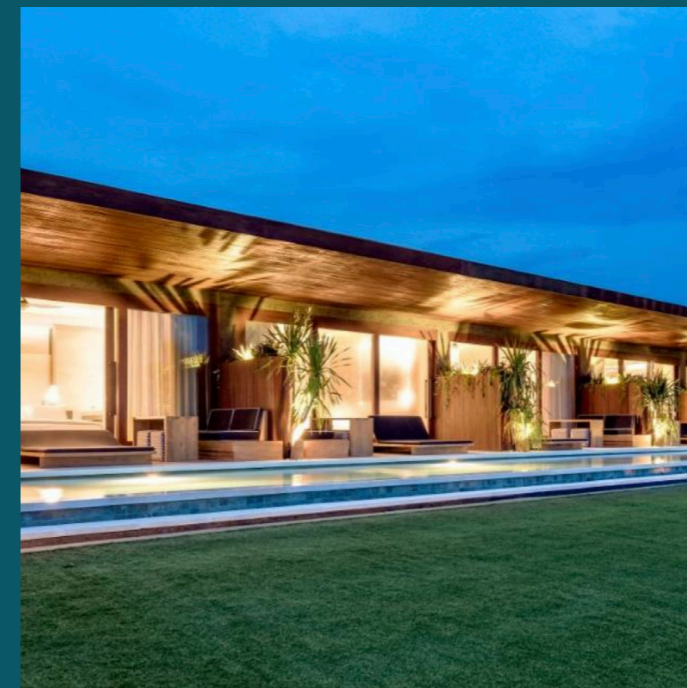
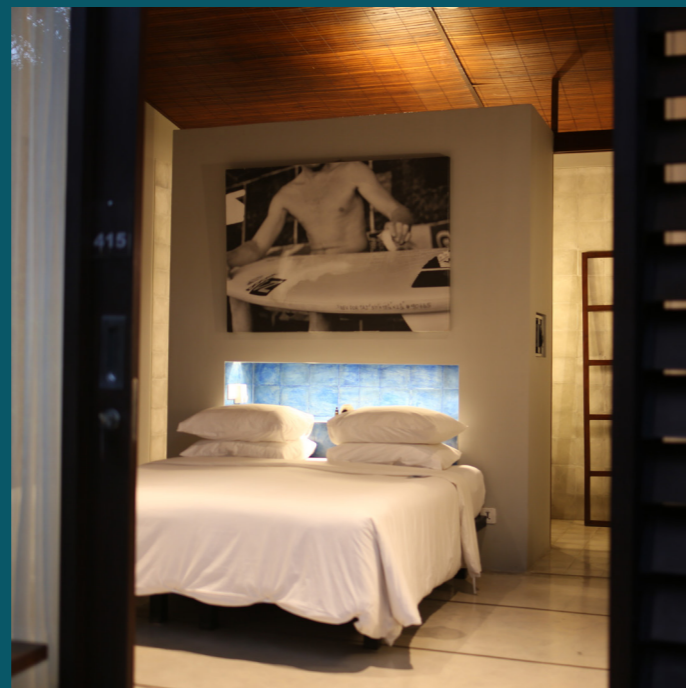
- Queen or Twin share
- 1 Bathroom / Shower
- Garden View



ACCOMODATION OPTION 2

BEACHFRONT POOL SUITES

- King or Twin share
- 1 Bathroom / Shower + Luxury bath
- Beach View
- Horizon edge dip pool



HOW MUCH?

COST **PER PERSON** FOR ACCOMODATION
AND ALL RETREAT INCLUSIONS

ACCOMODATION OPTION 1

GARDEN RESORT ROOM

- Single Room (1 person)
Queen Bed
\$3350 per person
- Shared Room (2 people)
Queen or Twin Share
\$2650 per person

ACCOMODATION OPTION 2

BEACHFRONT POOL SUITES

- Single Room (1 person)
King Bed
\$4850 per person
- Shared Room (2 people)
King or Twin Share
\$3450 per person

JOIN US!

TO BOOK
online or email info@northcotetennis.com.au

EARLY BIRD SPECIAL!!

Book and pay in FULL by
March 15th 2024 and receive these extras!

- 1 x 1 hour private tennis lesson with Head Coach Jason!
- 5 x 1 hour Adult Group Lessons at Northcote Tennis
- 1 x extra Bali Retreat t'shirt
- 1 x extra 1 hr massage at Hotel Kommune Spa

*Refundable minus the \$1000 deposit up until May 25

*\$\$\$ added
bonus value!*

*Secure your
place now!*

PAYMENT 1 — \$1000 DEPOSIT

Guarantee your spot ASAP!

(Deposit non-refundable & non-transferable. See T&C's)

PAYMENT 2 — BALANCE

Due May 25th 2024

Full payment is required 90 days prior to the start date of the retreat.
(See T&C's for cancellation policy)